



BRHP Resource Guide for Navigating COVID-19 Pandemic

As of March 23, 2020

If you would like to add a community resource to this list, please contact outreach@brhp.org.

Anne Arundel County

- **Anne Arundel County Department of Aging and Disabilities:** Starting on March 24, 2020, clients of the Senior Nutrition Program will be able to pick up hot meals at select senior activity centers. The pickup sites can be found at <https://www.aacounty.org/coronavirus/older-adults-chronic-disease/index.html>. For seniors who need someone to pick up their meals, or are interested in registering, can call (410) 222-0256.
- **Anne Arundel County Department of Health:** Seniors that need daily meals can contact: (410) 222-4257.
- **Anne Arundel County Government:** If you need assistance call the COVID-19 Hotline at (410) 222-7256. The hotline is available Monday through Friday, 7:30 a.m. to 10 p.m. It is also available on Saturday and Sunday, 10 am to 4 pm. You can also email at covid19info@aacounty.org.
- **Anne Arundel County Public Schools:** Free meals will be available for anyone 18 and under. The pickup sites can be found at <https://www.aacps.org/mealpickup>

Baltimore City

- **Baltimore City Public Schools:** Free breakfast and lunch from 10 AM to 2 PM for school-aged children. Learning packets for students are available for download online. Can also be picked up between 10 am and 3 pm until March 17th.
- **Baltimore City Health Department:** Provides a list of primary care clinics for people without insurance
- **Baltimore Neighborhood Quarantine Response Team:** Those of us with healthy immune systems can assist our neighbors. When we are well we can buy groceries, pick up prescriptions, offer to walk our neighbor's dogs or do anything else that would make it easier for folks to stay inside. Information can be found here: [Baltimore Neighborhood Quarantine Response Team Sheet](#)
- **Baltimore Rec and Parks:** Recreation Centers will provide free snacks beginning at 2 PM and dinner beginning at 5 PM to 7 PM.
- **Eating Together Baltimore:** Seniors should reserve their meal through the website. Call Maryland Access Point for their pickup time at (410) 396-2273.



- **MedStar Pharmacy:** Free prescription delivery service to patients who live within a 5 mile radius. Call (410) 554-2557 for more information.

Baltimore County

- **Maryland Access Point:** Resource for Seniors, (410) 887-2594
- **Baltimore County Department of Health:** Hotline for residents with questions and concerns regarding COVID-19, (410) 887-3816. Available Monday through Friday, 8:30 a.m. to 5 p.m.
- **Baltimore County Government:** If you need help with access to food or have questions, call (410) 887-2594. You can also email food@baltimorecountymd.gov. Seniors can also email aginginfo@baltimorecountymd.gov. You can view the resource guide for all of the resources that Baltimore County is currently offering at <https://www.baltimorecountymd.gov/News/covidresourceguide.html>.
- **Baltimore County Public Schools:** Free meals for students who are 18 and under at Cove Village Apartments—Essex, Dulaney HS, Kings Point Shopping Center, Rosedale Library, Sollers Point Multi-Purpose Center, Carney ES, Chadwick ES, St. Peter Evangelical Lutheran Church on Eastern Avenue, and Woodmoor ES. Meals are also available for pickup in the parking lot of select schools. For those locations, visit: <https://www.bcps.org/system/coronavirus/>
- **Baltimore County Department of Recreation and Parks:** Limited meal distribution to children 18 and under through the Maryland Food Bank and Healthy Food Access St. Vincent de Paul of Baltimore. Pickup time is between 11 am to 1 pm. For pickup locations visit: <https://www.bcps.org/system/coronavirus/>

Carroll County

- **Carroll County Government:** Hotline for residents with questions and concerns regarding COVID-19, (410) 876-4848. Available 7 days a week, 8 a.m. to 5 p.m.
- **Carroll County Public Schools:** Starting Wednesday, March 18, free meals will be delivered using the schools' regular bus routes. People are asked to meet the bus at the regular stop. Breakfast and lunch will be picked up at the same time, and be free through March 27.

Harford County

- **Harford County Government:** Residents can pay county bills online at <https://www.harfordcountymd.gov/649/Payment-Options>
- **Harford County Public Schools:** Free meals are available for anyone 18 and under. The pickup time is 11 am to 1pm. The locations can be found at <https://www.hcpsmenus.com/>



Howard County

- **Howard County Government:** Residents can pay County bills online. More information at <https://www.howardcountymd.gov/alt-pay>. There is a hotline for residents with questions and concerns about COVID-19, call (410) 313–6284. The hotline is available Monday through Friday, 8 am to 5 pm. There is a list of public resources that can be found here: [Howard County Public Resources](#)
- **Howard County Public Schools:** Free meals are available for anyone 18 or under. The time to pick up is from 11:30 am to 1:30 pm. The pickup locations can be found at <https://news.hcpss.org/news-posts/2020/03/hcpss-to-provide-free-meals-during-school-closures-meal-service-march-17-27-2020/>

State of Maryland

- **Applying for the Food Supplement Program:** There are a variety of ways to file an application for the **Food Supplement Program (FSP)** benefits. You may file an application online at [myDHR](#). Additionally, local departments of social services will give or mail you an FSP application on the same day you ask for one. You may ask for it in person, over the phone, by mail, or someone else may get one for you. You also have the option to download a [SNAP application](#). For more information, visit: <http://dhs.maryland.gov/food-supplement-program/applying-for-the-food-supplement-program/>.
- **Comcast:** Free Xfinity Wi-Fi Nationwide; No Disconnects or Late Fees; News, Information and Educational Content on X1; Free Unlimited Data; New, Low-Income Internet Essentials Customers will receive 2 months of free internet
- **Maryland Coronavirus Hotline/Maryland 211:** A hotline for residents who have questions or concerns regarding COVID-19, call 211. More information can be found at <https://211md.org/>.
- **Maryland Department of Aging:** Senior Call Check program for MD residents over 65+. Senior Call Check phone lines are open Monday-Friday 8 am-5 pm and Saturday 9 am-3 pm. During these hours, seniors can call toll-free 1-866-50-CHECK (1-866-502-0560) and register. Registration is also available online at aging.maryland.gov.
- **MD Family Network:** Free childcare referral service. Call 1-877-261-0060
- **Maryland Food Bank:** Some food banks are still open. For more information, visit: <https://mdfoodbank.org/find-food/>.
- **Temporary Cash Assistance:** Temporary Cash Assistance (TCA), Maryland's Temporary Assistance to Needy Families (TANF) program, provides cash assistance to families with dependent children when available resources do not fully address the family's needs and while preparing program participants for independence through work. For more information, visit: <http://dhs.maryland.gov/weathering-tough-times/temporary-cash-assistance/>



- **Unemployment:** The Division of Unemployment Insurance’s website and call centers are currently experiencing an unprecedented volume of users due to COVID-19. This may result in unusually long wait times. During this state of emergency, our normal call center hours from 8:00 a.m. to 2:00 p.m, will be extended to 7:30 a.m. to 3:30 p.m. effective March 19, 2020. To contact a Claim Center, call 410-949-0022. Visit the website at <https://www.dllr.state.md.us/employment/unemployment.shtml>. We strongly encourage you to utilize our [NetClaims](#) application to file your claim online.
- **United Way:** Covid-19 Community Economic Relief Fund (Help with bills, rent, and food). Call 1-866-211-9966 and provide your zip code.
- **SAMHSA Disaster Distress Helpline:** A hotline for those who are having difficulty with coping with the pandemic, 1-800-985-5990 or Text TalkWithUS to 66746.

Other Resources:

- **CDC Coronavirus Info Page:** <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- **World Health Organization (WHO) Advice for the Public:** These materials are regularly updated based on new scientific findings as the epidemic evolves. <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>